

Laasya, age 12

Thinking about leaving a gift in your Will to SCHF?

Supporting the lives of kids who aren't yet born!

SCHF Sydney Children's Hospitals Foundation

Welcome to Planned Giving

Supporting the lives of kids who aren't yet born

Sydney Children's Hospitals Foundation





Acknowledgement of Country

Sydney Children's Hospitals Foundation acknowledges First Australians and recognises their continuous connection to Country, community and culture.

We are committed to helping to close the gap to achieve equality in health and life expectancy for Aboriginal and Torres Strait Islander peoples.

"In Unity We Heal." artwork by David Williams of Gilimbaa.



Welcome

It is our immense pleasure to extend a warm welcome and thank you for your consideration in leaving a gift in your Will to Sydney Children's Hospitals Foundation (SCHF).

By doing so, you are joining our Movement of Many and becoming one of our unstoppable changemakers.

With one foot at the front line, and one in the future, we're here for those who deserve our all.

To help all sick kids, no matter where, no matter what.

Through leaving a gift in your Will to SCHF, you can help shape the future of kids not yet born, and those yet to journey through our corridors.

For the kids that stay a short time or a long time, you can make an impact that lasts a lifetime.

With our deepest gratitude,

Sydney Children's Hospitals Foundation on behalf of every child and family whose life you'll impact

One of the largest and most trusted kids' health charities in the country.

Sydney Children's Hospitals Foundation raises funds to help provide all children with access to the best possible healthcare, whenever and wherever they need it.

From humble beginnings in 1880, when the first children's hospital opened its doors, community support has played a key role in providing the children's hospitals with, specialised care services and cutting-edge paediatric research across NSW.

SCHF is proud to continue the legacy that has supported children across hospital sites in Glebe, Camperdown, Randwick and Westmead, working side-by-side with the community who believe in every child having the best chance of a healthy future.

Your gift in Will ensures every kid has access to the best specialised services and hospital care across Sydney Children's Hospitals Network.



Nowhere else can you leave one gift and help kids of all ages, all illnesses and all conditions.

SCHF exist to promote charitable investment in the prevention and management of childhood illness.

Our holistic approach to fundraising supports three core priority areas; research, patient experience and clinical care.

We also recognise that some people have a personal connection to a specific cause, entity or service. You can continue to provide support directly to the area you care about by indicating your preference when leaving a gift in your Will.



Research

The mission of Kids Research is to improve children's health outcomes by identifying treatments for a wide range of childhood conditions and diseases.

You can help accelerate crucial discoveries in children's health, and turn them into innovative treatments, preventions and cures sooner.



Patient Experience

When kids get sick and injured, we can ensure extraordinary care that will bring smiles to their faces.

Your gift can help fund programs including play, music and art therapy, along with vital support for families and opportunities for distraction and entertainment to make the days brighter.



Clinical Care

Every year more than 170,000 sick or injured children and their families receive vital care across Sydney Children's Hospitals Network.

Your support will help fund state-of-the-art equipment, clinical spaces, programs, specialised emergency transport, doctors, nurses – and more – to provide the world-class care kids deserve.





Leaving a gift in your Will, no matter how large or small, is a powerful way to make a positive difference.

When we think about the future, we think about how we want to be remembered and the impact our legacy will have on future generations.

Thank you for considering to make a positive difference to the health and wellbeing of children far beyond your lifetime.

Children are a powerful reminder of the possibilities of the future, and we can all play our part in giving them the best possible chance to succeed.

In the years to come there will be generations of children needing access to the highest standards of care so they can go on to live happy, healthy lives.

No matter what the future throws at us, gifts in Wills will help us look after tomorrow's children.

Gifts that will help equip our hospitals and healthcare services with what they need in future years from now.



A gift as little as 1% can make a big difference to the future of sick kids.

1% from one person is wonderful and we will put it to great use. But imagine the extraordinary things that could be accomplished for sick kids if 100, 1,000 or even 10,000 people left 1% of their Will to Sydney Children's Hospitals Foundation.

Your legacy gift can harness the power of collective giving to fund the highest and most urgent priorities to have the greatest impact on children's health, long into the future.



A gift of hope:

The late Lois Sharp did not have children of her own yet left a generous gift in her Will to two causes very close to her heart – research into mental health in children and improving health outcomes for Aboriginal and Torres Strait Islander children.

Through her generous gift, Lois has funded 3 key mental health research projects leaving a legacy to help children living with mental health issues and their families:

- Helping adolescents with chronic illness manage mental health
- Reducing carer stress in families of children with Type 1 Diabetes
- Developing stronger mental health to investigate the link between youth self-harm and climate change, especially heatwaves to understand the implications for NSW Health clinical services

Because of Lois's legacy, SCHF provided funding to the Hearing Ear Health And Language Service (HEALS), helping end avoidable deafness among Aboriginal and Torres Strait Islander children. These children have some of the highest rates of middle ear infections in the world, which frequently leads to hearing loss, speech and language delays, and subsequent difficulties at school, often with lifelong consequences. These problems can be avoided with appropriate prevention, early detection and access to services.

This project has resulted in 24 surgical procedures for First Nations children.

The significant gift was beyond what Lois was able to donate in her lifetime and shows the power that a gift in a Will can have to ensure children live their healthiest lives.

Ollie's Story: The power of many

Fifteen-year-old Ollie is bursting with life, despite dealing with sickness and painful surgeries for most of it. Ollie's condition has meant he has needed the help of nearly all the Sydney Children's Hospital, Randwick medical teams.

Ollie was born with a clubbed foot and problems with his heart. Soon after, he was diagnosed with VACTERL Association, a rare condition that affects multiple parts of the body including the spine, heart, kidneys, and limbs.

The medical team had to decide not only how to treat all of Ollie's conditions, but also which to treat first. At only two days old, Ollie received open heart surgery, and a spinal cord operation just one month later. Since then, he has undergone more than 30 major operations.

For the past fifteen years, Ollie's mum and dad have trusted the hospital with the life of their beautiful little boy.

"When Ollie was born, we had our team pretty much ready to go. It was like surgery 'Tetris', with the doctors always trying to figure out what could happen first. We knew we'd have a lifelong relationship with the Hospital," explained Tracy, Ollie's mum.

When Ollie turned five, it was time to treat his club foot – and there weren't many options. When an amputation was suggested as having the most certain outcome, Tracy and Aaron agonised over the decision and the impact it would have on Ollie, who was already passionate about soccer. But they realised an amputation and prosthetic leg was the only way to give Ollie full mobility and life. The surgery was a success.





This brave young man has spent a hefty portion of his childhood in intensive care, and touched so many departments within the hospital, where many pieces of equipment, staff and therapies are funded by the generosity of SCHF's Movement of Many including gifts in Wills.

But what came next was the most exciting - the day he was finally fitted with his prosthetic leg.

"When an amputation was first suggested, it was a bit of a shock. We still have the footage of getting him into the prosthetic and walking for the first time. Everything was just aligned and wonderful," added Tracy.

Ollie is now a happy, funny and athletic fifteen-year-old who eats like his friends, goes to a mainstream school, and is a fierce competitor on the sports field and running tracks. Thanks to the help of Sydney Children's Hospital, Randwick, Ollie has been fitted with a running blade and loves to run. He has made it all the way to state championships in cross country - his unwavering determination and lightning speed have earned him the nickname, Blade Boy.

"He's fierce, and courageous, and has a great sense of humour. He's a fabulous competitor and he loves his sport, and is a real team player. He really cares for and has an empathy for a lot of his mates, and people that go through things."

Ollie has received care from so many different specialist teams within the hospital, he truly does represent all 158,000 children cared for every year. Today, you wouldn't know by Ollie's infectious grin just how much he has been through.

"If you have kids you love, you want to know that if they get sick, the clever people at the hospital have the tools, techniques, machines, and staff they need to fix them. For us, that's been a gift we'll never be able to repay. The hospital has given Ollie to us – beautifully healed and ready for life."

Ollie is an inspiration to all of us. Stories like his are what drives all the incredible work SCHF does every day, thanks to the many individuals who choose the future health of children and leave a gift in their Will.





A profound Gift and a lasting legacy

Kaye and Alfred Al-Rae Hynard shared a passion for fun, hard work and a commitment to efficiency and quality. Their professional interests in Hotels in the City of Sydney fueled their outgoing natures and insatiable zest for life.

Kaye and Alfred did not have children but certainly wanted to leave a legacy for the state's sickest kids. Their final legacy was a generous gift to The Children's Hospital at Westmead and Sydney Children's Hospital, Randwick.

Their incredible gift helped facilitate an ambitious project that has seen every outdated medication infusion pumps (volumetric, syringe and epidural) replaced with the most up-to-date models.

Infusion pumps are essential in the care of children in hospital.

Volumetric Pumps deliver large volumes of intravenous fluids – antibiotics, chemotherapy drugs and blood products – in a safe, controlled way. Syringe pumps deliver smaller volumes to ensure the accurate dosage of specialised medications for acute medical conditions, and Epidural pumps ensure the precise delivery of pain relief medication and nerve blockers – their use in anaesthetics is highly specialised.

Because of this generosity from Kaye and Alfred, this critical 'smart pump' upgrade project has been realised providing every child in hospital with the most up-to-date and safe delivery of medication.

Upgrading the fleet of smart pumps has significantly enhanced the care of critically ill kids with the greatest impact on the smallest and most vulnerable premature babies and infants in intensive care.

Frequently Asked Questions

Why do I need a Will?

Over 50% of Australians don't have a valid Will. Having a Will is one of the most important things you can do to take care of those closest to you when you're gone.

Your Will must be signed and witnessed properly to be legally valid. Having a legally valid Will allows you to:

- Provide for the people you care about
- Appoint a guardian for your children and set up Trusts
- Make a gift to your favourite charity
- Leave particular items to certain people (for example sports memorabilia)
- Appoint a person you trust (executor) to carry out your instructions
- Leave other instructions you may have (for example your pets, funeral wishes)

Contact us to request your free Guide to Making a Will to help get you started.

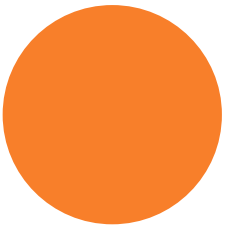
What happens if I don't have a Will?

If you die without a Will, known as intestate, your estate may be divided amongst relatives according to a government formula (intestacy rules), which may not reflect your wishes and can cause complications, delays and extra costs for your loved ones. If you don't have relatives closer than a first cousin, your estate will go to the government.

What are the different types of gifts I can leave to SCHF?

- **Residual gift** - is a percentage of what is left in your estate after specific gifts have been allocated
- **Pecuniary gift** - a monetary gift such as $10,000 (it can be as little or as much as you like)
- **Assets** – can be property, shares, artworks, antiques and cryptocurrencies







How do I leave a gift in my Will to SCHF?

Many donors don't specify a purpose for their gift, which allows the gift to go to where it is needed most as the needs of children's health care is constantly evolving.

It is important that your bequest gift is worded correctly, and the following is recommended as a guide. You may give this wording to your solicitor who is preparing your Will.

"I give to Sydney Children's Hospitals Foundation, ABN 72 003 073 185

The residue of my estate (or __% of the residue of my estate) or

The whole of my estate (or __% of my estate)

The sum of $___

Asset or assets

for which the receipt of the Treasurer or other authorised officer shall be an absolute discharge."

If you would prefer to direct your gift to a specific hospital or service, we can help you craft a gift that reflects your wishes.

Visit our website:
www.schf.org.au/movement-of-many/gift-in-will





We are available to support you through the process of leaving a gift. Reach out to us at 1800 770 122 or plannedgiving@schf.org.au

Guide to Making a Will

Sydney Children's Hospitals Foundation

"Investing in children's healthcare is a gift to future generations and it's your legacy towards making the world a better place."

Emeritus Professor, Les White, AM
Sydney Children's Hospitals Foundation Patron



When you think about your future, you may think about how you want to be remembered. Perhaps it's as caring, kind or even inspirational.

But when you think about your future, you might not consider that there could come a time where you may be unable to make your own decisions. It can be daunting, but it is important to consider what would happen to your financial and personal affairs, if you were unfortunately involved in a bad accident, had a stroke or even developed dementia.

Whatever your values, they deserve to live on. We've created a guide to help outline the steps you should take when making your Will, and how you can incorporate a timeless gift in your Will that could contribute towards a world where every child has access to the best health care when and where they need it.



Making a Will

What is a Will?

A Will is a formal legal document that gives you the opportunity to:

- provide for the people you care about;
- appoint a guardian for your children;
- leave particular items to certain people;
- make a gift to your favourite charity;
- appoint a person you trust to carry out the instructions in your Will (your Executor);
- leave any other instructions you may have (for example, about your funeral arrangements).

Even if you don't have a lot of money or you don't own any property, you may have superannuation or you may want to leave valuable or sentimental items to particular people.

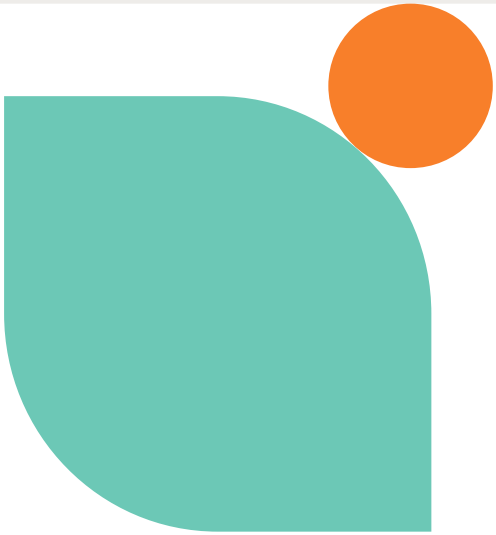
Why is it important?

Having a Will is one of the most important things you can do for yourself and your family. Not only can a Will legally protect your spouse, children and assets, it ensures that your possessions go to the people you want, such as your family or friends. Without one, known as "intestate", your estate may be divided amongst relatives according to a government formula ("intestacy rules"), which may not reflect your wishes and can cause complications, delays and extra costs for your loved ones. If you don't have relatives closer than a first cousin, your estate will go to the government.



What is an Executor?

The Executor is responsible for the administration of your estate, from paying your debts to the ongoing management of your assets until the estate administration is completed. Your Will must nominate one or more individuals. Administering an estate can take many months (sometimes years) so you need to be sure the nominated persons is both willing and capable of undertaking the task of Executor.



How do I make a Will?

Making a Will can be a simple process and does not need to be expensive. A Will must be signed and witnessed properly to be legally valid. You can have a solicitor, or NSW Trustee and Guardian, or a Trustee Company do your Will for you. There is also the option of online companies who are affiliated with solicitors to guide you.

It is important to review your Will every few years or when there are significant changes to your circumstances such as,

- you have acquired property or other assets, or if you dispose of an asset or an asset changes its nature
- you have a new child/children,
- you are in a de-facto relationship,
- you divorce or remarry after the date of your Will (marriage will revoke your original Will),
- your family situation otherwise changes,
- your Executor passes away or becomes too unstable to act in the role due to change in your relationship, their age or ill health,
- you have more than one Executor, if those Executors are arguing or their relationship is strained,
- a benefeciary passes away,
- your children have turned 18 and you would like them to be your Executor/s.



Our hospitals have a long history of caring for sick and injured children with the help of its supporters

Following a career fulfilling a lifelong passion and love for paediatrics, Dr John Macdessi's decision to leave a gift in his Will extends his legacy to future generations.



How do I leave a gift to a Charity?

Leaving a gift in your Will to a charity is a timeless way to ensure the compassion and kindness you have demonstrated through your life continues even when you are gone. It is a visionary gift that costs nothing now but promises a brighter future and makes a significant difference on causes that matter most to you. If you choose to leave even the smallest gift to Sydney Children's Hospitals' Foundation, you are providing the greatest minds in paediatric healthcare the ability to continue vital research through Kids Research and deliver essential resources to Bear Cottage, NETS, The Children's Hospital at Westmead and Sydney Children's Hospital, Randwick.

If you would like to leave a gift to a charity (otherwise, known as a bequest), you may choose to leave:

- a residual gift - this is a percentage of what is left in your estate after gifts to family and friends. As little as 1% can make a difference
- a pecuniary gift - a monetary gift such as $10,000 (it can be as little or as much as you like)
- asset or assets - can be property or shares.

If you would like to leave a gift, it is important to ensure that the charity is named correctly, and the ABN is noted. You can check their website or call the charity for the correct wording.

Other Legal Services

When you are making your Will, you might also consider appointing a **Power of Attorney** as well as a Guardian under an Enduring Guardianship. Unforeseeable circumstances such as illness, absence or injury can sometimes prevent a person from making important decisions which affects them in managing their financial, legal, medical or personal matters. To ensure peace of mind for your future wellbeing, it is important for you to consider what you would like to happen should such a situation arise.

There are three important steps in planning ahead:

- talk to significant people in your life to communicate your wishes,
- identify suitable people who you trust to act for you,
- decided whether you need to make any formal arrangements, or whether your trusted family and friends could make the decisions you would want to make, if you were to lose capacity yourself.

There are some situations that require legal authority for someone to act on your behalf. This requires a **Power of Attorney** and in some cases the appointment of an **Enduring Guardian.**

What is a Power of Attorney?

A Power of Attorney is a legal document that gives another person, known as "Attorney" the formal authority to manage your assets and financial affairs in the event that you are unable to do so and in accordance with your instructions. Reasons may include illness, injury because of an accident, or simply because of an absence.

What is an Enduring Guardian?

Enduring Guardianship authorises another person to make personal, health and lifestyle decisions on your behalf should you lose the capacity to make them yourself. Your solicitor can provide you with the appropriate forms.

Thanks to generous supporters, our Hospitals have a proud history of supporting sick kids and their families during the toughest of times.
Kids like Lani who was born four months premature with a chronic lung condition, but is now growing into a strong young girl.



How do I choose an Enduring Guardian?

The foremost duty of your Enduring Guardian is to act in your best interest. Therefore, when choosing the right person to assume this very important role, it is essential to consider:

- Will he or she thoroughly respect my wishes?
- Is he or she likely to make the same decision as I would?
- Will he or she avoid situations where there is a conflict of interest?
- Is he or she likely to survive me?
- Will he or she do everything reasonable to protect me from abuse and neglect?

You Can Make a Difference

Now you know everything that you need to make a Will, there is no greater time to consider how you will continue your legacy of a caring life.

If you would like to further discuss anything about your Will or would like more information on how to include Sydney Children's Hospitals Foundation in your Will, please contact the Planned Giving Team on **1800 770 122** or email **plannedgiving@schf.org.au.**

"Bequest gifts are a lifeline for children and families and a wonderful legacy to leave for the next generation."
- Emeritus Professor, Kim Oates AO, former Chief Executive





If you have included a gift in your Will to Sydney Children's Hospitals Foundation, or if you are considering including a gift in your Will – please let us know.

Call
1800 770 122

Email
plannedgiving@schf.org.au

ABOUT the artwork
Patients and siblings worked with the Sydney Children's Hospitals Foundation Art Program during **National Children's Week 2022.**

Inspired by the question "What puts a smile on your face?" - amazingly talented children and young people created artworks featuring everything from pets to family to favourite toys!